



# Postpartum / Nursery Clinical Skills Evaluation / Self-Assessment

Employee Name \_\_\_\_\_ Date \_\_\_\_\_

Please check the column that best describes your level of proficiency and experience in providing each skill in care of patients.

- 0 – Never done
- 1 – Skill performed infrequently
- 2 – Skill performed several times, but resource person is required
- 3 – Skill performed frequently and independently
- N/A – Not Applicable

SKILLS	0	1	2	3	N/A	SKILLS	0	1	2	3	N/A
<b>INTERVENTIONS / ASSESSMENT:</b>						<b>CARE OF PATIENT WITH:</b>					
Bladder distention						Asthma					
Breast engorgement						Cardiac disease					
Catheter insertion - Foley						Diabetes					
Catheter insertion - straight						Infectious disease					
Contraceptive counseling						Multiple births					
C-section care - post						Preeclampsia					
DVT						Substance abuse					
Episiotomy						Tubal ligation					
Fluid balance						<b>NEONATAL CARE:</b>					
Fundal height						Ballard scale					
Hemorrhoids						Bathe infant					
Lab results - interpretation						Bladder/bowel patterns - monitor					
Lochia amount						Circumcision - assist					
Perineal hematoma						Circumcision - post op					
Vital signs						Circumcision care - teach					
<b>POST ANESTHESIA CARE:</b>						Circumference					
Epidural						Culture suspect infectious neonate					
General						Dubowitz scale					
Local						Incubator / Isolettes					
Spinal						Infant identification					
<b>TEACH &amp; ASSIST WITH:</b>						Length					
Breastfeeding / parent education						Neonatal CPR					
Breast pump, electric - use						Neonatal injections - perform					
Breast pump, manual - use						Neonatal jaundice					
Infant care restraint						Phototherapy					
Formula preparation / feeding						Reflexes					
Latch-on procedures						Thermal-neutral environment to prevent stress					
Positioning						Vital signs					
Infant caretaking skills						Weight					
<b>CONTINUE NEXT COLUMN</b>											

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Date \_\_\_\_\_

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SKILLS	0	1	2	3	N/A
<b>MEDICATIONS:</b>					
Antibiotics					
Blood / blood products - admin					
Central line patient care					
Epidural care					
Drawing blood - central line					
Drawing blood - venous					
IV conscious sedation					
IV insertion					
Oxytocin infusion					
Pain level & tolerance assess					
PCA					
Peripheral line patient care					

Signature (required): \_\_\_\_\_