



# Labor and Delivery

## Clinical Skills Evaluation / Self-Assessment

Employee Name \_\_\_\_\_ Date \_\_\_\_\_

Please check the column that best describes your level of proficiency and experience in providing each skill in care of patients.

- 0 – Never done
- 1 – Skill performed infrequently
- 2 – Skill performed several times, but resource person is required
- 3 – Skill performed frequently and independently
- N/A – Not Applicable

SKILLS	0	1	2	3	N/A	SKILLS	0	1	2	3	N/A
Abruptio placenta						<b>LABOR ASSESSMENT: (CONTINUED)</b>					
Asthma						Amnioinfusion for variable decelerations - assist or perform					
Cardiac disease						Catheter insertion					
Chorioamnionitis						Collect blood/urine specimens					
Chronic hypertension						Collect vaginal cultures					
Collagen vascular disease						Contraction characteristics					
Diabetes						Deceleration (early)					
Eclampsia						Deceleration (late)					
HBV						Deceleration (prolonged)					
Hemolytic anemia						Deceleration (variable)					
Hemorrhage						Deep tendon reflex evaluation					
HIV-positive						Dilation					
Malpresentations						Edema assessment					
Multiple gestation						Effacement					
Other infectious disease						External fetal monitor application					
Placenta previa						Fern test for membrane rupture					
Post-tubal ligation						Fetal heart rate - Doppler					
Preeclampsia						Fetal heart rate - Fetoscope					
Premature labor						Fetal heart rate - patterns					
Pyelonephritis						Fetal position determination					
RH disease						Fetal presentation / position					
Sickle cell disease						Internal monitor					
Substance abuse						Leopold's maneuver					
<b>ANTEPARTUM:</b>						Membrane status					
Amniotic fluid index						Perinatal vital signs – eval.					
Biophysical profile						Positioning					
Breathing & relaxation techs						Presence of clonus					
Coaching						Prolapsed cord/ & complications					
Delivery table set-up						Station					
Sonogram (assist)						Sterile speculum exam					
Sonogram (perform)						Toxicology studies					
<b>LABOR ASSESSMENT:</b>						Vaginal exam					
Admission risk assessment						Vasa previa					
Amnioinfusion for meconium - assist or perform											
<b>CONTINUE NEXT COLUMN</b>											

**CONTINUE ON PAGE 2**

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SKILLS	0	1	2	3	N/A	SKILLS	0	1	2	3	N/A
<b>MEDICATIONS:</b>						<b>INTERVENTIONS: (CONTINUED)</b>					
Antibiotics						Vacuum extraction delivery					
Antihypertensives						<b>INFANT INTERVENTIONS POST DELIVERY:</b>					
Blood / blood products - admin						Apgar scoring					
Blood drawing - central line						Breast feeding (initial assist)					
Blood drawing - venous						Bulb suctioning					
Cervidil insertion						Cardiac-respiratory monitor placement					
Cytotec - use						Central line catheter dressing					
Eye prophylaxis						Circumcision care					
Heparin						Cord care					
Indomethacin						Delee suctioning					
Insulin						Heelstick glucose determination					
Magnesium sulfate						Intervention/risk factors for IDM, LGA SGA IUGR					
Narcotics						IV insertion					
Oxytocin						Newborn physical assessment					
Procardia						Peripheral line dressing					
Prostin gel - assist						Phototherapy					
Prostin suppositories - use						Promote bonding behaviors					
Ritodrine						Wall suctioning					
Terbutaline						<b>POST PARTUM INTERVENTIONS:</b>					
Vitamin K						Assess bladder distention					
<b>COMPLICATIONS OF PREGNANCY:</b>						Breast feeding					
Bilateral tubal ligation (circulate & scrub)						Deep vein thrombosis					
Cesarean section (circulate)						Episiotomy					
Cesarean section (scrub)						Fluid balance					
Common arrhythmias (identify)						Fundal height					
Contraction stress test (perform)						Fundal massage					
External version (assist)						Lochia amount					
Fetal scalp sampling (assist)						Maternal vital signs					
Non-stress test (perform)						<b>PAIN MANAGEMENT AND ANESTHESIA:</b>					
Normal cardiac rhythms						Assess pain level and tolerance					
Umbilical cord sampling (assist)						Care of patient with epidural					
Umbilical cord samples (draw)						IV conscious sedation					
<b>INTERVENTIONS:</b>						PCA					
Anesthesia (general)						<b>ASSIST WITH:</b>					
Anesthesia ( regional)						Coaching patient					
Epidural						Dural puncture (signs and symptoms)					
Local infiltration						Epidural block					
Spinal						Fluid challenge					
Cesarean section						Intervention for anesthesia toxicity					
Forceps vaginal delivery						Intrathecal narcotics					
Spontaneous vaginal delivery						Intravascular injection					
<b>CONTINUE NEXT COLUMN</b>											

CONTINUE ON PAGE 3

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SKILLS	0	1	2	3	N/A	
ASSIST WITH: (CONTINUED)						
Positioning patient						
Spinal anesthesia						

Signature (required): \_\_\_\_\_